

The Village Gazette

The Villages at the River Club | 1176 Warfield Blvd Clarksville, TN 37043 | (931) 310-7268

Upcoming May Events

**“Cinco de Mayo”
Happy Hour**
May 5th

**Mother’s Day Afternoon
Tea**
May 6th

**Cumberland Winds Jazz
Project**
May 7th

**Blood Pressure Checks
Tennova Home Health**
May 10th

**Outing to Schlabach’s
& Country Pantry**
May 13th

**Memory Lane Cruisers
Car Show & 1950’s
Big Band!**
May 22nd

Ladies Day Out!
May 25th

Home and Garden Tips



This simple, yet stunning garden box can be easily recreated no matter what your craft skill level is. This repurposed wooden toolbox carries enough rustic charm that you’ll want to leave out for everyone to see. You can use it for a variety of purposes like carrying all your gardening tools, a drink caddy, or use it for potting plants to put on display as a beautiful spring centerpiece. You can even spruce it up by painting on flower stencils or stenciling in your family’s name. The possibilities are endless with this rustic toolbox caddy turned garden bed.



Quick Appetizer Recipe

½ avocado 1 large Wasa Sourdough grain cracker
1 tsp. low sodium salsa 1 tbsp. of cilantro

Mash the avocado in a small bowl, then spread mashed avocado on crispbread. Top with salsa. Garnish with cilantro, if desired.

Kaylin Miley, Occupational Therapist



Born: Lancaster, Pennsylvania

Education/Training:

Misericordia University in Dallas, Pennsylvania.

Doctorate in Occupational Therapy.

LSVT BIG Certification.

Evergreen Certified Dementia-Care Specialist. Trained in Phlebotomy.

Family: Married and has 2 cats!

Hobbies: Travel, baking and hanging out with friends.

Jamie Smothers, Speech Therapist



Courtney Weaver

Physical Therapist



Born: Dayton, Ohio

Education/Training:

University of Cincinnati. Doctor of Physical Therapy. Geriatric Clinical Specialist. LSVT BIG Certification.

Trained in Phlebotomy.

Family: Married and has 2 dogs!

Hobbies: Hiking, Exercise and hanging out with the dogs!

Born: Clarksville, TN

Education/Training:

Murray State University, Master of Science in Speech/Language Pathology.

Family: Lives in Dover. Husband (works at Austin Peay) & 2 girls, 13 and 9 years old.

Hobbies: Gardening, walking, & hanging out with family.

Ilene Blumberg was born on May 10th in the Bronx, New York. She has a brother and a sister (who is retiring in May). When she was about 10 years old, they moved to Yonkers, New York in Westchester and graduated from Yonkers High School. She attended Long Island University in Brooklyn and graduated with a Bachelor's Degree in Education (English) and a Masters in English. She married a science teacher and they had two children: a son Randall, married with 3 beautiful children and living in Grovetown, Georgia, and a daughter, Elissa, who is married and lives here in Clarksville with two girls.

While the children were young, she went back to school and attended Kean University in New Jersey. She graduated with a Master's in Special Education and a Masters in Guidance & Family Counseling.

In 1985 she worked at East Jersey State Prison teaching the young inmates math. After this, she went on to work at a church teaching multiply handicapped children, ranging in ages from 4-8 years. Next, she worked for the Board of Education in Elizabeth, New Jersey teaching history and math. Her last job before retiring in 2006 was working at Elizabeth High School as their Guidance Counselor.

After retirement, she moved to Myrtle Beach in South Carolina to be closer to her children. When they moved again, she followed until finally landing in Georgia to be near her son. She lived in a senior community, Brandon Wilde, for 5 years. Last year around Thanksgiving her daughter convinced her to come back to Clarksville to live and be near her grandchildren.



Resident Spotlight:
Ilene Blumberg

And so right after Christmas of 2021 she made the switch and loves being able to attend dance/gymnastic competitions with her granddaughters on the weekends. Her favorite activities include crafting, knitting, crocheting, and reading. Welcome home, Ilene!

Fitness Screening Day!

Physical Therapy Gym, 4th Floor

Monday, May 16th

EMPOWERME
WELLNESS

Meet Our Staff

Executive Director
Lucy Townsend

Community Relations Director
Lisa Klasen

Director of Maintenance & Security
Doug Tomes

Executive Chef
Katy Heitzenrater

Home Care Professional Director
Tracy Sutton

Recreational Director
Meagan Nay

Housekeeping Manager
Shannon Jacobs

Business Office Manager
Johnnie Friddle

Cooks
Necole Burns Rhonda Orr
Martina Jefferson (Breakfast Attendant)

Servers
Johanna Gordon
Fredericka Lewis-Cado

Housekeeping
Betty Martin Brenda Perkins

Villages at Home
Rina Gonzalez Gina Thibodeau

EmpowerMe Wellness Team
Courtney Weaver (PT)
Jamie Smothers (Speech)
Kaylin Miley (OT)

Security Guards
Mark Hughes Keith Stepp
Brenda Baez

Today's Stock Market Report

Helium was up, feathers were down.
Paper was stationary. Fluorescent tubing was dimmed in light trading.
Knives were up sharply. Cows steered into a bull market. Pencils lost a few points. Hiking equipment was trailing.
Elevators rose, while escalators continued their slow decline. Weights were up in heavy trading.
Light switches were off.
Mining equipment hit rock bottom. Diapers remained unchanged.
Shipping lines stayed at an even keel. The market for raisins dried up.
Coca Cola fizzled.
Caterpillar stock inched up a bit. Sun peaked at midday.
Balloon prices were inflated. Scott Tissue touched a new bottom. And batteries exploded in an attempt to recharge the market.....

Welcome New Residents

Sabina Cunningham, #322

Barbara Hopkins, #301

Kellie O'Hara & Bill Boyd, #203

May Resident Birthdays

Charles Mosley, #214	May 8 th
Ilene Blumberg, #417	May 10 th
Devona Nanney, #205	May 16 th
Iris Ranney, #319	May 21 st
Angel Moore, #224	May 25 th
Betty Albright, #202	May 25 th
Sybil Thornton, #124	May 28 th